WILD HARVEST

Only harvest wild plants where you have explicit permission to do so. The Kenai Peninsula has many private tribal land, as well as city, borough, state, and federal lands that have different regulations for harvesting plants. Harvesting small quantities of wild plants, mushrooms, fruit, or berries for personal, non-commercial use is generally allowed on state and federal lands, including the Kenai National Wildlife Refuge and Chugach National Forest.

Harvesting Etiquette
- Harvest with good intentions.
- Ask permission to harvest and know the rules.
- Always take someone with you who knows the plants.
- Not all plants are good for everybody.
- Know the appropriate time of year to harvest.
- When foraging on public lands, pick sparingly and leave easy foraging close to the road for others and those with mobility challenges.

Adapted from Tribal Doctor Rita Bluemiller’s “Thoughts on Traditional Plant Healing” in the Medicinal Flora of the Alaska Natives by Ann Garibaldi

Essential reference books used by our most experienced local foragers: Discovering Wild Plants: Alaska, Western Canada by Janice Schofield and Mushrooms Demystified by David Arora

Harvesting Etiquette
- Know the rules you fish. Regulations for sport, commercial, and personal use fishing can be found online at www.adfg.alaska.gov. Ask permission to harvest and know the rules.
- Dozens of Kenai Peninsula fishermen have Catcher-Seller permits from ADF&G to sell fresh, whole fish (in the round) directly to the public. Relationships are key. If you want to buy local fish to stock your freezer, ask your friends and neighbors about those sources.
- You’ll find family-owned businesses that sell wild salmon to individual buyers under “Seafood” on the reverse side of this directory.

WHAT IS A CSA?

Community-Supported Agriculture

Customers of a farm that operates a CSA get a weekly share of farm produce in return for a fee, which is paid in advance or periodically during the growing season.

Farmers Market Key

**Farmers Markets**

Alaska Farmers Market Association See AFMA’s statewide directory at alaskafarmersmarket.org

**Homerc Farmers Market**
Wed. 2–5pm, Sat. 10–3pm, May 28–September 24
Ocean Drive, across from The Washboard 907-299-7540 / homercfarmersmarket.org

**Nikiski Market**
Mon. 10am–4pm, June 20–August 29
Nikiski Hardware & Supply, 52551 Portage Avenue 907-776-7510 / stacy@nikiskihardware.com

**Old Town Marketplace (Kenai)**
Saturday 11am—4pm, June 4–August 27
517 Main Street, Kenai 907-252-7264 kenaioldtownmarketplace.com

**Soldotna Saturday Farmers Market**
Saturday 10am–2pm, June–September 93 E. Coral Avenue, Soldotna 907-394-2175 soldotnasingdayfarmersmarket.com

**Soldotna Wednesday Market**
Wednesday 11am–6pm, June 1–August 31 Soldotna Creek Park 907-262-7254 soldotnawednesdaymarket.com

**Kenai Local Food Connection**

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To list your business in the 2023 directory, send us an email!
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Fireweed Bake Shop

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Kenai Local Food Connection

Food & Beverage

Seafood

Online

Retail Stores

Farms

Inclusion in this directory does not constitute endorsement of the producers or their methods by Kenai Local Food Connection or its partners. Talk with producers directly to learn more about their growing, harvesting, and food-safety practices.